

## MEALS ON WHEELS

Our Meals on Wheels program provides a vital link to homebound seniors who can remain comfortably at home with the security of a volunteer or Interfaith Neighbors driver delivering a luncheon meal each day.

Meals are available for seniors unable to shop or cook for themselves. The cost is a \$2.50 donation per meal. For more information, call 732-775-5755.

### Monmouth County Board of Chosen Freeholders



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Monmouth County Office on Aging, Disabilities and Veterans Services  
Human Services Building  
3000 Kozloski Road  
Freehold NJ 07728  
732-431-7450  
[www.visitmonmouth.com/aging](http://www.visitmonmouth.com/aging)

Interfaith Neighbors, Inc., Asbury Park, is a grantee of the Monmouth County Office on Aging, Disabilities and Veterans Services and operates the county nutrition and Meals on Wheels program.

## MONMOUTH COUNTY SENIOR MEAL PROGRAM



810 Fourth Ave.,  
Asbury Park, NJ 07712  
Phone: 732-775-0525 Fax: 732-775-5422  
Web: [www.interfaithneighbors.org](http://www.interfaithneighbors.org)

## WHAT IS THE SENIOR MEALS PROGRAM?

Come out for lunch and companionship at one of our seven site locations in Monmouth County. Socializing with new and old friends while eating a nutritious noonday meal is a promising step to staying active and healthy.

## WHO CAN JOIN?

Seniors aged 60 and over.

## WHAT IS SERVED?

A full-course meal with varied entrees that include turkey with gravy, meat loaf and stuffed shells. Our menu is overseen by a registered dietitian and meets nutritional needs of senior citizens. Our meals reduced in sodium and sugar.

## HOW MUCH DOES IT COST?

The recommended donation is \$2.50 per meal. The lunch program is funded partially by federal grants but also relies on participants' support.

## HOW TO SIGN UP

Contact the manager at a congregate site close to you. Some transportation available.

## HOURS

All sites open Monday-Friday, 8:30 a.m. -1:30 p.m., except holidays.

## LOCATIONS:

### ASBURY PARK

Asbury Park Senior Center  
1201 Springwood Avenue, 2<sup>nd</sup> Floor  
Asbury Park NJ 07712  
John Maggi, Site Mgr.  
732-502-5743

### KEYPORT

Keyport Senior Center  
110 Second Street  
Keyport, NJ 07734  
Kolleen Dorko, Site Mgr.  
732-888-4876

### BRADLEY BEACH

Home Delivery Only  
Carmen A. Biase Community Center  
719 Main Street  
Bradley Beach NJ 07720  
Barbara Anderson, Site Mgr.  
732-502-3277

### MIDDLETOWN

Middletown Senior Center  
Croyden Hall  
Leonardville Road  
Leonardo, NJ 07737  
Grace Yanick, Site Mgr.  
732-291-0999

### HOWELL

Howell Senior Center  
298 Old Tavern Road  
P.O Box 580  
Howell NJ 07731  
Danielle Tong, Site Mgr.  
732-938-4500, ext.2556

### NEPTUNE

Neptune Senior Center  
1607 Corlies Avenue  
Neptune, NJ 07753  
Theresa Richards  
Kitchen Coordinator  
732-988-8855

### KEANSBURG

Bayshore Senior Day Center  
100 Main Street  
Keansburg NJ 07734  
Cheryl Schmelze, Site Mgr.  
732-495-2454

### RED BANK

Red Bank Senior Center  
80 Shrewsbury Avenue  
Red Bank, NJ 07701  
Margaret McGinn, Site Mgr.  
732-747-5204